

## College of Charleston Maymester: Project OKURASE in Ghana

### May 16 - 25, 2018

\*Itinerary subject to change

Day/Date Lodging Location	Details
<b>Day 1</b> Thursday, May 16 Nkabom House, Okurase	<p><b><u>Morning/Afternoon:</u></b> In-Flight. <b>Arrive in Accra, Ghana</b> at 3:20 pm on Brussels Airlines flight #277 from Brussels, Belgium. You are met at the airport. Then transported to the <b>Village of Okurase</b> (approx. 2.5 hours) which will be your home during your project. The opportunity to live in a rural African village and share daily life is what sets Project OKURASE service learning apart. Arrive in Okurase and meet the locals who are a big part of Project OKURASE and begin the process of making lifelong friendships. Settle into <b>Nkabom House</b> and rest. On this first day in Ghana, it is important to take time to rest and recover from the long journey.</p> <p><b><u>Evening:</u></b> Have an early dinner of local cuisine. Have many important informal conversations as you get to know your fellow volunteers and more about what you will be doing while you are in Okurase. Sleep to the sounds of the Village.</p>
<b>Day 2</b> Friday, May 17 Nkabom House, Okurase	<p><b><u>Morning:</u></b> Enjoy an outdoor breakfast of local fresh fruits and foods. Discuss the tasks and financials of the <b>Fish Smoker Project</b> and prepare for the project. Then take a guided walk and see people going about daily village life, cooking, working, and singing as you make your way to Nkabom Centre which is part of the community development plan and the location of <b>Mikey's Fish Farm</b> and learn about how the fish farm was built and how it operates. Begin making blocks and preparing other materials for the building of the fish smoker.</p> <p><b><u>Afternoon:</u></b> Return to Nkabom House for lunch. Continue making blocks and preparing materials for the building of the fish smoker.</p> <p><b><u>Evening:</u></b> Enjoy a dinner of local foods followed by processing the day and planning for tomorrow. Discuss the <b>financial plan</b> for the Fish Smoker Project. Reflect on what has been accomplished already. Discuss how interviews are conducted in a rural village. Sleep to the sounds of the Village.</p>

<p><b>Day</b> <b>3</b> Saturday, May 18 Nkabom House, Okurase</p>	<p><b><u>Morning:</u></b> Enjoy an outdoor breakfast of local fresh fruits and foods. Complete the fish smoker block making and materials preparation.</p> <p><b><u>Afternoon:</u></b> Return to Nkabom House for lunch. Begin the <b>Smoked Fish Research Interviews</b>.</p> <p><b><u>Evening:</u></b> Participate in an <b>African Dance Workshop</b> before dinner. Then, enjoy a dinner of local foods followed by processing the day and planning for tomorrow. Have many important informal conversations. Sleep to the sounds of the Village.</p>
<p><b>Day</b> <b>4</b> Sunday, May 19 Nkabom House, Okurase</p>	<p><b><u>Morning:</u></b> Wake up and have an outdoor breakfast of local fresh fruits and foods. Participate in a <b>local church service</b> and learn more about the culture in Okurase or spend time playing games with the local children.</p> <p><b><u>Afternoon:</u></b> Enjoy a fresh local lunch made by village women at the Nkabom House. Continue with Interviews. Participate in or watch a <b>local soccer match</b>.</p> <p><b><u>Evening:</u></b> Rest and <b>Watch a Movie</b> with the locals. Then enjoy a traditional Ghanaian dinner cooked by village women. Sleep to the sounds of the Village.</p>
<p><b>Day</b> <b>5</b> Monday, May 20 Nkabom House, Okurase</p>	<p><b><u>Morning:</u></b> Wake up and have an outdoor breakfast of local fresh fruits and foods. Participate in a <b>Ghanaian Cooking Workshop</b>.</p> <p><b><u>Afternoon:</u></b> Enjoy a fresh local lunch made by village women at the Nkabom House. Complete interviews.</p> <p><b><u>Evening:</u></b> Enjoy a dinner of local foods followed by processing the day and planning for tomorrow. Have many important informal conversations as you get to know your fellow volunteers. Sleep to the sounds of the Village.</p>
<p><b>Day</b> <b>6</b> Tuesday, May 21 Nkabom House, Okurase</p>	<p><b><u>Morning:</u></b> Wake up and have an outdoor breakfast of local fresh fruits and foods prepared by women from the village. Begin construction of the fish smoker.</p> <p><b><u>Afternoon:</u></b> Enjoy a fresh local lunch made by village women at the Nkabom House. Continue building the fish smoker.</p> <p><b><u>Evening:</u></b> Participate in a <b>Drumming Workshop</b> and spend time with new friends and the children in the village. Enjoy a fresh dinner of local foods prepared by village women. Sleep to the sounds of the Villa</p>

<p><b>Day</b> <b>7</b> Wednesday, May 22 Nkabom House, Okurase</p>	<p><b><u>Morning:</u></b> Wake up and have an outdoor breakfast of local fresh fruits and foods. Continue to build the fish smoker.</p> <p><b><u>Afternoon:</u></b> Enjoy a fresh local lunch made by village women at the Nkabom House. Continue to build the fish smoker.</p> <p><b><u>Evening:</u></b> Review the <b>Fish Smoker Project Financial Plan</b>. Enjoy a dinner of local foods followed by processing the day and planning for tomorrow. Have many important informal conversations as you get to know your fellow volunteers. Sleep to the sounds of the Village.</p>
<p><b>Day</b> <b>8</b> Thursday, May 23 Nkabom House, Okurase</p>	<p><b><u>Morning:</u></b> Wake up and have an outdoor breakfast of local fresh fruits and food. Complete the building and begin the testing and training of the fish smoker.</p> <p><b><u>Afternoon:</u></b> Enjoy a fresh local lunch made by village women at the Nkabom House. Begin to create a <b>Fish Smoker Manual</b> and an outline for a <b>Catfish Farming Manual</b> using Mikey's Fish Farm as a model.</p> <p><b><u>Evening:</u></b> Enjoy a dinner of local foods followed by processing the day and planning for tomorrow. Have many important informal conversations as you get to know your fellow volunteers. Sleep to the sounds of the Village.</p>
<p><b>Day</b> <b>9</b> Friday, May 24 Nkabom House, Okurase</p>	<p><b><u>Morning:</u></b> Wake up and have an outdoor breakfast of local fresh fruits and foods. Work on the manuals.</p> <p><b><u>Afternoon:</u></b> Enjoy a fresh local lunch made by village women at the Nkabom House. Continue to work on the manuals.</p> <p><b><u>Evening:</u></b> Enjoy a dinner of local foods followed by processing the day, packing and cleaning up. Enjoy a performance by <b>Nkabom Cultural Troupe</b>. Sleep to the sounds of the Village.</p>
<p><b>Day</b> <b>10</b> Saturday, May 25 Nkabom House, Okurase</p>	<p><b><u>Morning:</u></b> Enjoy breakfast in Okurase. Finish packing and saying goodbye to your Okurase friends then head off to your next adventure organized by the College of Charleston.</p>

*Please carefully review the list of included items below.*

**Trip includes:**

- Private ground transportation (bus or van) from airport to Okurase on arrival day
- Hotel/Lodge/Homestay accommodations for 9 nights (twin or dormitory style rooms)\*
- All group meals and safe water during your 10 days in Okurase
- Professional English-speaking interpreters
- Cultural/educational presentations and activities (subject to availability in specified location)
  - African Drumming Workshop
  - African Dance Workshop
  - Ghanaian Cooking Workshop
  - Performance by Nkabom Children's Cultural Troupe
  - Fish Smoker Project
  - Fish Smoker Financial Plan
  - Nkabom Culture Troupe Performance
  - Fish Smoker Manual and Catfish Farming Manual
  - Smoked Fish Research Interviews
- Customary tips

**Trip does not include:**

- Airfare
- Standard baggage fees and airline upgrades and associated fees
- Travel documents – passport, visas, etc.
- **Optional Travel / Trip Cancellation insurance**
- Personal spending money
- Medical and Travel Insurance
- Vaccinations
- Personal expenses (such as paying someone to do your laundry)
- Food and snacks apart from the three meals provided